## PORTALES MUNICIPAL SCHOOLS PRE-K THRU 6TH GRADE

Choice of Fat Free Chocolate (30g), Fat Free Strawberry (30g), or 1% White Milk (13g)

## **MARCH 2023**

SALAD AND FRUIT	BARS OFFERED AT ALL SITES BUT BROWN	2/16/23	MENU SUBJECT TO CHANGE DUE	TO AVAILABILITY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY revised 11/29/17
		1 ~~BREAKFAST~~	2 ~~BREAKFAST~~	3 ~~BREAKFAST~~
FREE BREAKFAST	AND LUNCH	Cream Cheese Bagel, Sliced Apples, Juice	Sausage Biscuit, Banana, Juice	Cereal, Cheese Stick, Apple Crisp, Juice
		~~LUNCH~~	~~LUNCH~~	~~LUNCH~~
FOR ALL	STUDENTS	French Bread Pepperoni Pizza, Green Beans, Fresh Fruit	Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Peaches	Frito Pie, Corn, Carrots, Applesauce
6 Early Release ~~BREAKFAST~~	7 ~~BREAKFAST~~	8 ~~BREAKFAST~~	9 ~~BREAKFAST~~	10 ~~BREAKFAST~~
Ultimate Breakfast Round, Fruit Cups, Juice	Morning Roll, Applesauce, Juice	French Toast, Sliced Apples, Juice	Egg & Cheese English Muffin, Banana, Juice	Pizza, Apple Crisps, Juice
~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~
Pizza, Broccoli, Carrots, Applesauce	Chicken Quesadilla, Refried Beans, Salad w/Tomato, Mixed Fruit	Lasagne Rollup w/meat sauce, Green Beans, Breadsticks, Fresh Fruit	Popcorn Chicken, Mashed Potato, Cucumbers, Gravy, Roll, Pears	Sandwich, Lettuce & Tomato, Carrots, Chips, Slushie
13	14	15	16	17
	SPRI	IG BRI		
20 ~~BREAKFAST~~	21 ~~BREAKFAST~~	22 ~~BREAKFAST~~	23 ~~BREAKFAST~~	24 ~~BREAKFAST~~
Cheese Filled Bread Stick, Fruit Cup, Juice	Cake Donut, Applesauce, Juice	Muffin, Egg Bake Bites Sliced Apples, Juice	Eggstravaganza Burrito, Banana, Juice	Waffle, MixZees Dried Fruit, Juice
~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~
Chicken Sandwich, Fries, Broccoli, Mixed Fruit	Pizzaboli Bites, Broccoli, Carrots, Peaches	Hamburger, Baked Beans, Lettuce & Tomato, Fresh Fruit	Steakfingers, Mashed Potato, Gravy, Cucumbers, Roll, Pears	Drumsticks , Macaroni & Cheese, Green Beans, Carrots, Applesauce
27 ~~BREAKFAST~~	28 ~~BREAKFAST~~	29 ~~BREAKFAST~~	30 ~~BREAKFAST~~	31
Benefit Bar, Fruit Cups, Juice	Pancake on a Stick, Applesauce, Juice	Cream Cheese Bagel, Sliced Apples, Juice	Egg & Cheese Biscuit, Banana, Juice	Cereal, Cheese Stick, Apple Crisp, Juice
~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	
Beef & Cheese Nachos, Pinto Beans, Carrots, Pears	BBQ Sandwich, Fries, Broccoli, Mixed Fruit	French Bread Pepperoni Pizza, Green Beans, Fresh Fruit	Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Peaches	Frito Pie, Corn, Carrots, Applesauce

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